Log Into New Portal – Earn Incentives!

Service partners utilizing the Susquehanna Health Medical Plan will now have access to a new wellness portal.

The new portal replaces the Blue Health Solutions wellness program and is now managed internally by SH to help make earning incentives and managing wellness easier for insured service partners.

Service partners insured through the SH Medical Plan wishing to earn wellness-based incentives (up to $500) are required to register and access the portal.

Visit SHWellness.org to register using access code SH2016. Users will be asked to create a log-in and password.

Once registered, service partners can complete their annual Health Assessment, track their progress toward incentives, interact with the SH Health & Wellness Educators, monitor activities and more.

For more information, please call (570) 321-2456.

Welcome Clinical Laboratory Science Program Students

Laboratory Services would like to welcome Kelsey Swailes (left) and Danielle Holmes (right) to the Clinical Laboratory Science Program.

Danielle is a graduate of Clarion University and Kelsey is a graduate of Lycoming College.

Both will spend the next 12 months in an intensive training program, combining practical instruction in laboratory procedures with didactic instruction in clinical laboratory science subjects, management theory and educational methods. Clinical laboratory rotations include Chemistry, Microbiology, Hematology, Blood Bank, Urinalysis and Phlebotomy.

Upon successful completion of the program, each will receive a Certificate of Graduation in Clinical Laboratory Science and will be eligible to sit for the National Certification Exam for Medical Laboratory Scientist, through the American Society of Clinical Pathologists.

Summer CEO Forum Schedule

Steve Johnson, President & CEO, is hosting CEO Forum meetings at each hospital and is encouraging all service partners to attend a session. During the meetings, he will discuss the current state of affairs for Susquehanna Health.

Monday, July 25
Auditorium, DPH
9 – 10 am, 10:30 – 11:30 am and 12 – 1 pm

Tuesday, July 26
Boardroom, SSMH
7:30 – 8:30 am, 9:30 – 10:30 am and 11 am – 12 pm
“A” Dining Room, The Green Home
1:30 – 2:30 pm

Wednesday, July 27
Walnut Conference Room, WRMC
1:30 – 2:30 pm and 3 – 4 pm

Thursday, July 28
Multi-Purpose Room, MVH
9 – 10 am, 12 – 1 pm and 2 – 3 pm

Friday, July 29
Walnut Conference Room, WRMC
8 – 9 am, 9:30 – 10:30 am, 11 am – 12 pm, 1 – 2 pm and 3 – 4 pm

Friday, August 5
Volunteer Services
Cherry/Pine Conference Room, WRMC
10 – 11 am

Our Mission
Extend God’s healing love by improving the health of those we serve.

Our Vision
Create a clinically integrated community health system that delivers world class care.
UPMC Affiliation FAQ – Week 7

Thank you for continuing to ask questions about the upcoming UPMC affiliation. We take your questions seriously and hope that you find this ongoing communication valuable.

Recent Question

Will the level of care Susquehanna Health currently provides decrease by affiliating with a larger health system?

No, the opposite is true. UPMC has committed to keeping services here and growing our services by adding specialty services as it has done with its other affiliate hospitals. UPMC has a proven track record of investing in and growing services for patients when it has affiliated with hospitals in Erie, Altoona and Bedford.

Examples of quality and/or service growth from potential partnership:

Hamot
- $300 million invested
- Revenues up 30%
- Opened an Electrophysiology lab, children’s specialty hospital, Kidney transplant center and enhanced surgery

Altoona
- $250 million invested
- Doubled ER size
- Added 80 inpatient beds
- $2.3 million contributed to OR for complex neuro cases
- Through its relationship with CHOP, expanded Children’s Community Pediatrics

Mercy
- $70 million in capital improvements
- Increased admissions and surgeries
- Opened a brain and stroke center
- Expanded ED (10 beds and two trauma bays)

We invite you to continue to submit your questions to informationdesk@susquehannahealth.org for consideration.

As always, your ongoing support of our mission is greatly appreciated.

Pharmacist Achieves Prestigious Certification

With a passion for cancer care, SH Medical Oncology Pharmacist Joe LeCrone is always looking for opportunities to elevate his work. As part of his ongoing dedication, Joe has achieved a prestigious board certification in Oncology Pharmacy following a rigorous Board of Pharmacy Specialties program, the gold standard in advanced practice levels for pharmacists.

“I have always had a special interest in oncology throughout my career, and it is my belief that this certification demonstrates how seriously I take the quality of my work at the SH Cancer Center and positively affects the quality of services we are able to provide to our patients,” Joe notes.

In order to even sit for the exam, a licensed pharmacist must have completed a residency in oncology or have been heavily involved in oncology care for at least four years. The exam covers a host of complex topics and therapies, certifying that those who pass possess a very high level of expertise in their specialty of pharmacy practice.

“There are only 2,114 pharmacists with the certification worldwide, most of whom practice in large, university-based health systems, which makes this certification a tremendous achievement for our health system and our community,” explains Julie Barner, Director of Pharmacy Services for SH.

Michelle Gaida, Executive Director of Cancer Services at SH, adds, “Through this certification, Joe has demonstrated his dedication to his profession and life-long learning. His distinguished skills and knowledge serve our ongoing commitment to provide patients with the most advanced practices and high-quality, compassionate care possible.”

Susquehanna Health applauds Joe’s dedication to quality care and congratulates him on this prestigious accomplishment! Please join us in celebrating with cake and snacks on Friday, July 29 from 1 – 2 pm in the Cancer Center Conference Room (Small) at DPH.

Service Partners Invited to Pack the Park Night

All service partners are invited to enjoy a night out with their families and friends on Wednesday, August 3 at Bowman Field. Each service partner will receive four tickets to the night’s game as the Williamsport Crosscutters host the Staten Island Yankees. The gates open at 6 pm and the game starts at 7:05 pm.

The first 1,000 fans will receive a 10 oz Aztec mug. Hotdog and soda coupons will be available for service partners and their immediate families at a table outside the gate before the game. Susquehanna Health ID badges must be used to obtain coupons.

Penn College at Wellsboro Offers Nursing Program

Interested in training to become a practical nurse? Penn College of Technology at Wellsboro is currently scheduling pre-admission testing for the January 2017 Practical Nursing Program.

For more information, call Penn College of Technology at Wellsboro at (570) 724-7703.
SH Partners with PSU to Offer Discounted Tickets

As a way of showing appreciation for our service partners and volunteers, SH has once again partnered with Penn State University football to extend an invitation to employees and their families to attend three matchups for the upcoming season at a discounted price. All games will be played at Beaver Stadium, in State College.

All service partners can purchase tickets for the games of their choosing, in an area of their choosing. Available games are:

- Saturday, September 3 vs Kent State (Home Opener)
- Saturday, October 1 vs Minnesota (Blue Band Jam)
- Saturday, October 8 vs Maryland (Homecoming)

Penn State University is offering service partners access to advanced sales of tickets for the games. Tickets are available at different price levels and discounts vary based on seat location.

*All tickets are allotted on a first come, first serve basis.
**Seats are not guaranteed until payment is received.
***Discounted parking passes must be purchased two weeks prior to the game date.

To purchase tickets, game day parking or for more information, please contact Lowell Berg, General Manager of Ticket Sales with Penn State Athletics at LBerg@psu.edu or (814) 863-1124, or click through the hyperlink available on insideSH.

Nursing Half Day Summer Symposium

Attention nurses, SH’s Nursing Education Council is offering two free, half day educational sessions on how to properly handle patient elopement. The sessions, titled Please Don’t Run Away, will be offered on Wednesday, July 20 from 7 – 10 am and 11:30 am – 2:30 pm in the Walnut Conference Room, WRMC.

Featured speakers include: Brett Woodling, RN, BSN, CEN; Raven Cooley, RN, BSN, CCRN; Dr. Yevgeny Zadov and Denise Feger. The discussions will cover how to identify signs and symptoms of possible elopement risks related to the patient’s medical history of drug and alcohol abuse, how to identify behaviors that put patients at-risk for elopement and how to properly de-escalate a patient.

Each session is worth three tentative CE credits. Susquehanna Health is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited provider by the American Nurse’s Credentialing Center’s Commission on Accreditation.

Deadline for CURRENTS articles is noon each Wednesday a week prior to publication date. Email articles to CURRENTS@susquehannahealth.org or interoffice mail to CURRENTS - WRMC/Marketing.

Enhanced Drug Benefits, Extended Hours Coming to SH Pharmacies

As of July 1, service partners with the Qualified High-Deductible Health Plan (QHDHP) can take advantage of an enhanced preventive drug benefit.

Preventive prescription drugs are classified as medications that help you avoid developing certain health conditions. Examples of preventive drug classes include: Asthma, Cardiovascular, Ace Inhibitors, Lipid/Cholesterol Lowering Agents and Beta Blockers.

These preventive prescriptions will be available at no charge to employees enrolled in the Qualified High-Deductible Health Plan if filled at an SH Pharmacy. The full list of applicable drugs is located on the Highmark website at HighmarkBCBS.com.

As a result of our service partner feedback and requests, the SH Pharmacy at WRMC is also extending hours beginning August 1.

The new hours will be 8:30 am – 6:30 pm, Monday thru Friday, and 9 am – 3 pm on Saturday.

Additionally, both the Health Services Pharmacy on the DPH campus and the WRMC Pharmacy in the Health and Innovation Center have access to the same medication profiles, making it easy to fill your prescriptions at either location.

The SSMH Pharmacy will maintain its current hours, 7:30 am – 7 pm Monday thru Friday, and 8 am – 4 pm Saturday and Sunday.

WELCOME!

Please extend a warm welcome to the following new members of the Susquehanna Health family.

- Kimberly Boudman, Unit Clerk – WRMC
- Carli Bower, RN – WRMC
- Kayla Cooper, CRNA – WRMC
- Whitney Farrand, GN – WRMC
- Chelsea Hanley, GN – WRMC
- Kaitlyn Laforme, Service Assistant – SN&RC
- Nicole Lisnock, Registered Respiratory Therapist – WRMC
- Tara Lundgren, Phlebotomist – SSMH
- Marissa Rojas, Occupational Therapist – MVH
- Thomas Root, GN – SSMH
- Benjamin Sauer, Management Engineer – WRMC
- Nicole Smith, GN – WRMC
- Valerie Terre-Blanche, RN – WRMC
- Kimberly Thompson, Unit Clerk – WRMC
- Bryttani VanValkenburg, LPN – SSMH
- Zachery Waldman, RN – WRMC
- Robyn Weaver, Activities Aide – MVH
- Hannah Whipple, RN – WRMC
- Ryan Zimmerman, RN – WRMC

Aramark
- Elizabeth Barber, Hospitality Associate – WRMC
- Alyson Corey, Hospitality Associate – WRMC
- Alaina Creveling, Hospitality Associate – WRMC
- Rylan Hicks, Hospitality Associate – MVH
- Trevor Kennedy, Hospitality Associate – MVH
- Devin Killian, Hospitality Associate – WRMC
- Brandon Phillips, Hospitality Associate – MVH
- Victoria Robbins, Hospitality Associate – MVH
- Kyla Tsai-McKinney, Hospitality Associate – WRMC
- Devin Webster, Hospitality Associate – SSMH
- Justine Yeager, Hospitality Associate – MVH

SCH Partners with PSU to Offer Discounted Tickets
For Sale

Pittsburgh Pirates tickets for Friday, August 5 game against the Cincinnati Reds. Game starts at 7:05 pm. Seats are Section 115, Row J, Seats 5 and 6. Call Laure at (570) 777-2269.

Ethan Allen Georgian Court cherry secretary desk with lighted curio, E. R. Buck solid maple/cherry finish dining room set (buffet, hutch, round/oval table with extensions and 4 chairs), Pennsylvania house side table with three drawers, cherry side serving cart, full bedroom set with trundle drawers, lighted headboard with storage and chest of drawers. Call Donna at (570) 772-0947.

20” KMC XD Series Rockstar II satin black wheels fitted with Toyo Open Country AT/2 275/55R20 tires with only 8,000 miles. Call Jason at (814) 571-0528.

2014 Road Warrior Toy Hauler – Model 310. 36’ 10” long and garage is 8’ wide by 10’ long. Trailer sleeps seven and features two air conditioners, two flat screen TV’s with surround sound with DVD and MP3 player with outside speakers, 5500 watt built in Onan generator, hydraulic and electric jacks, upgraded tires and wheels, central vacuum system, electric rear queen size beds in garage, 20’ retractable awning with LED lights, two slide outs and lots more. Trailer is in new condition, only used several times. Call Ginny at (570) 320-7900 or ext. 17900.

14’ Heritage fisherman kayak. Good condition. Call Jo Ann at (570) 279-1231.

For Free

Yellow HP 124A (Q60002A) printer cartridge. Call Sandy at ext. 23743.

LHF Donation Supports Tioga Partnership

Keeping a community healthy begins with identifying its health needs, and thanks to the Laurel Health Foundation (LHF), Tioga County Partnership for Community Health (TCPCH) could introduce two new positions dedicated to identifying and addressing pressing health needs in Tioga County. Through the Wellsboro Community Foundation, TCPCH applied for a LHF grant of $26,000.

As part of its mission to make Tioga County a healthy place to live, work and play, TCPCH creates and tailors programs and partnerships to address community needs. Following a survey on quality of life in the area, the Partnership sought to add qualitative and quantitative analysts to further interpret the data in order to better identify and target priority health issues.

“We facilitate projects to address issues impacting our communities and strongly believe proper evaluation and identification of priority areas in these reports will best guide us in pursuing viable health improvement strategies,” explains Sue Sticklin, Executive Director of the TCPCH. “By properly and thoroughly analyzing the data, we can maximize the impact of our health initiatives on the community.”

Additionally, TCPCH previously received a grant from the LHF for the Fit for Life summer recreation program, which seeks to instill a love of exercise and healthy habits in area children.

Volunteers Needed for Helping Hands Raffle & Gala

For 13 years, SSMH’s Helping Hands Raffle & Gala has raised money to purchase needed equipment and support services at SSMH, The Green Home, The Laurel Health Centers and The Laurels. This past spring, with the committee’s input, it was decided to pause and reevaluate the event. It takes a lot of time from both volunteers and staff to make events like this a success.

Service partners have shown significant interest in resurrecting the Helping Hands Gala for Spring 2018 and have requested to form a new committee. Based on the number of volunteers (staff and community) to serve on the committee, we will make a decision on whether to start planning for this event.

Expectations of each committee member:

1. Sell 10 Helping Hands $250 raffle tickets to new participants.
2. Assist with contacting 10 past participants who do not respond to the brochure mailing.
3. Actively participate in monthly meetings from September – December, and more frequent meetings January – March. Meetings will take place after normal business hours, or over the lunch hour.
4. Actively participate in one of the subcommittees (Decorations, Event Games, etc.).
5. Assist the evening of the event.

Committee members are needed from both Tioga and Lycoming Counties as well as from the community at large.

If you are interested in serving on the 2017/18 Helping Hands Gala Committee, please email ssteinbacher@susquehannahealth.org or call ext.17041 by July 27.

MVH Gift Box Sponsors Jewelry Sale

The Gift Box at MVH is sponsoring a sterling silver jewelry sale on Tuesday, July 19 from 7 am – 3 pm in the Multi-Purpose Room.

Cash, check, credit card and payroll deduction are accepted. Proceeds benefit the Muncy Valley Hospital.

Climate Survey Winner Announced

Congratulations to Bob Coppadge (right) of SH Home Care & Hospice on being randomly selected as our $250 gift certificate winner for the Employee Service Partner Climate Survey, presented by HR Business Partner Joe Kitzman (left)!

All service partners who completed the April survey were placed into a raffle for the gift certificate, made out to the business of the winner’s choosing. Susquehanna Health values the feedback of all its employees, and thanks everyone for their participation.